

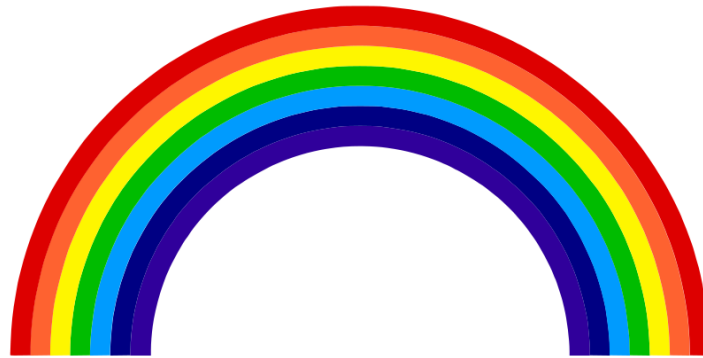


Hertfordshire County Council  
**HIGHBURY INFANT SCHOOL  
AND NURSERY**  
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SG4 9AG  
☎ 01462 630500  
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Headteacher: Mrs Helen Avey

Hertfordshire County Council  
**WHITEHILL JUNIOR  
SCHOOL**  
Whitehill Road, Hitchin, Herts,  
SG4 9QB  
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Fax 01462 621311

Headteacher: Mr Steve Mills



1<sup>st</sup> October 2019

Dear Parents,

This year, both Whitehill and Highbury schools have a focus on wellbeing. This will include continuing with the approaches to building resilience and facing challenge, as well as our work on protective behaviours. We will also be developing other aspects relating to wellbeing across the year, for children, staff and parents.

On **Thursday 10<sup>th</sup> October**, it is **World Mental Health Day** and we are inviting the children to brighten up the day by wearing rainbow colours instead of uniform.

In exchange, the children will be encouraged into acts of kindness during the day, no matter how small. Anything that makes people smile, feel good or generally manage better. A kind word or compliment goes a long way!

We would be grateful if you could support the day by helping your child to dress accordingly and when the day is finished, ask them what their act of kindness was. We ask that you actively encourage this continuing at home all week, so that the whole family can join in the feel-good vibes!

Thank you for your support.

*H Avey*

Mrs H Avey  
Headteacher

*A McConnell Smith*

Mrs A McConnell Smith  
Joint Inclusion Lead

*Steve Mills*

Mr S Mills  
Headteacher