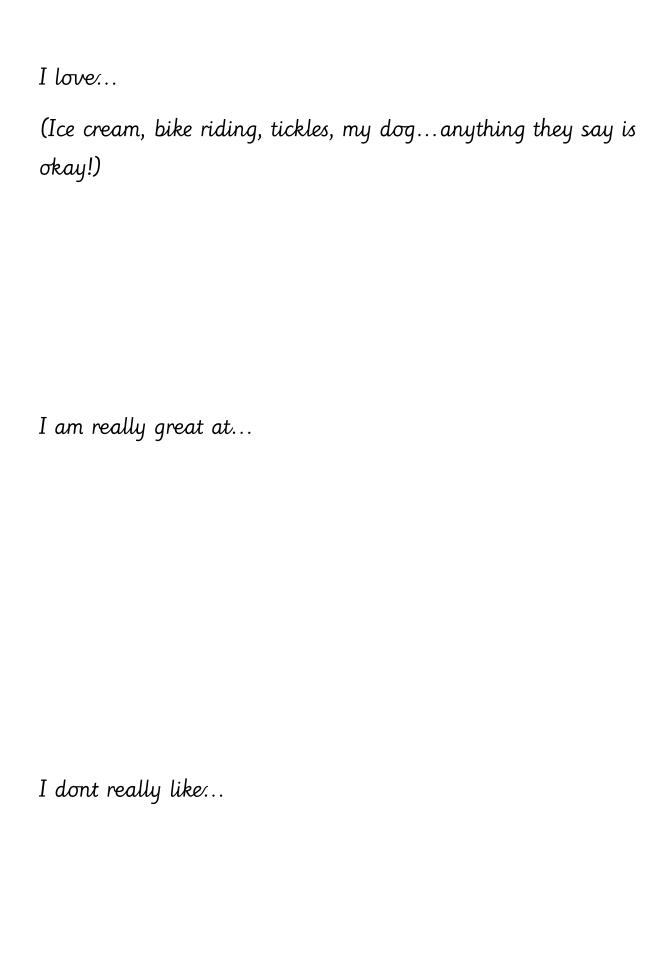
My name is:
I am moving into year I completed this booklet on:
My birthday is on:

These are other people or pets who are important to me

These people live in my house



These are some of my friends from home and school
Here are 3 words my friends or my family would use to describe me:

If I had a magic wand I would...
(Any answer is okay!)

If I were an animal I would be...

Because...

(We can all have things that make us anxious at times, trying new things, food, getting to sleep, the dark, asking for help, talking to new people, finding the toilets...some children can be very anxious and others less so. Parents please use your discretion as to whether and how you decide to complete this part or not!)

Everyone worries at times, but sometimes I might especially worry about...

My reactions might include...

To feel better I like to...

My adult thinks that next year I might find this/these thing(s) tricky...

You can help me by...