

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Potato Frittata (v)	Pork Sausages with Gravy	Roast Beef with Yorkshire Pudding	Chicken Deli Wrap with Rice	Battered Fish Fillet
Quorn Pattie in a Bun (v)	Macaroni Cheese with Garlic Bread (v)	Veggie 'Meat-Free Balls' in Gravy (v)	Italian Pasta Bake (v)	Cheese and Tomato Pizza (v)
Diced Potatoes	Creamed Potatoes	Roast Potatoes or Wholemeal Pasta	Mixed Salad	Potato Wedges or Wholemeal Pasta
Cheese Sandwich	Chicken Mayo Wrap	Tuna Baguette	Ham Flatbread	Egg Roll
Fruit Mousse	Fruit Portion	Lemon Cake	Fresh Fruit Jelly	Chocolate Brickwall
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Savoury Quiche (v)	Creamy Chicken Pasta with Garlic Bread	Roast Chicken with Stuffing	Organic Beef Lasagne with Herby Bread	Salmon Fish Fingers
Beany Bolognese (v)	Quorn Hot Dog (v)	Crispy Topped Vegetarian Pie (v)	Cheese Pinwheel (v)	Cheese and Tomato Pizza (v)
Potato Wedges or Brown and White Rice	Diced Potatoes	Roast Potatoes or Pasta	Potato Wedges	Low Fat Chips or Wholemeal Pasta
Cheese Sandwich	Chicken Mayo Wrap	Tuna Baguette	Ham Flatbread	Egg Roll
Banana Peasant Pudding with Custard	Fruit Portion	Carrot and Orange Cupcake	Fresh Fruit Jelly	Marbled Cookie
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable Curry (v)	Organic Beef Bolognese	Roast Pork Loin with Stuffing	Chicken Pie	Fish Fillet Fingers
Tortilla Stack (v)	Cheese and Leek Slice (v)	Quorn Fillet (v)	Sticky Vegetarian Sausages (v)	Cheese and Tomato Pizza (v)
Tri-colour pasta	Diced Potatoes or Wholemeal Pasta	Roast Potatoes or Pasta	Creamed Potatoes or Brown and White Vegetable Rice	Low Fat Chips or Wholemeal Pasta
Cheese Sandwich	Chicken Mayo Wrap	Tuna Baguette	Ham Flatbread	Egg Roll
Apple Crumble with Custard	Fruit Portion	Chocolate Sponge	Fresh Fruit Jelly	Shortbread