



Hertfordshire County Council
**HIGHBURY INFANT SCHOOL
AND NURSERY**
Standhill Road, Hitchin, Herts,
SG4 9AG
☎ 01462 630500
Fax 01462 630502

Headteacher: Mrs Helen Avey

Hertfordshire County Council
**WHITEHILL JUNIOR
SCHOOL**
Whitehill Road, Hitchin, Herts,
SG4 9QB
☎ 01462 621313
Fax 01462 621311

Headteacher: Mr Steve Mills



19th October 2021

Dear Parents/Carers,

I am pleased to inform you that Highbury and Whitehill Schools have decided to participate in the Meat Free Monday campaign after half-term, joining over 3000 other UK schools in a movement that will have substantial long-term positive environmental impact.

Launched in 2009 by Paul, Mary and Stella McCartney, the aim of Meat Free Monday is to condense some complicated issues into one simple and effective message: **to ask people to have at least one meat free day a week to help protect the planet and our future.** As adults we know there is more and more evidence to suggest that the growth of global animal agriculture is having alarming environmental consequences.

Meat free Monday was a pledge by one of Whitehill's Junior Leadership Team; they and Highbury's School Councillors will be involved in launching and promoting the campaign in school. Teachers will use this as an opportunity to further explore the impact of climate change with their classes.

If all Highbury and Whitehill children engaged in Meat Free Monday for one academic year, our school communities would collectively save approximately:

- 359,110 bathtubs of water
- 1335 tennis courts of forest
- 197,634 car miles of greenhouse gases

Supporting this campaign will mean that our school dinners will be meat free on Mondays. There will still be plenty of choice and meals will be healthy and nutritious. Children with allergies will be catered for.

If your child has school dinners, there is nothing you need to do differently. If your child brings in packed lunches, we ask you to consider providing a meat free packed lunch for your child on a Monday, we do not however insist on this.

Meat Free Monday is a small thing we can do for our schools to make a difference, and a fun and practical way for children to become healthier, informed citizens who can contribute to a more sustainable future. Please talk to and encourage your children with this important initiative.

Please find the new menu attached for after half-term.

Thank you in advance for your support.

Yours sincerely,

Helen Avey
Mrs H Avey
Highbury
Headteacher

Steve Mills
Mr S Mills
Whitehill
Headteacher

Antonia McConnell Smith
Mrs A McConnell Smith
Highbury and Whitehill Schools
Senior Leadership Team