



Year 6

Isle of Wight Trip

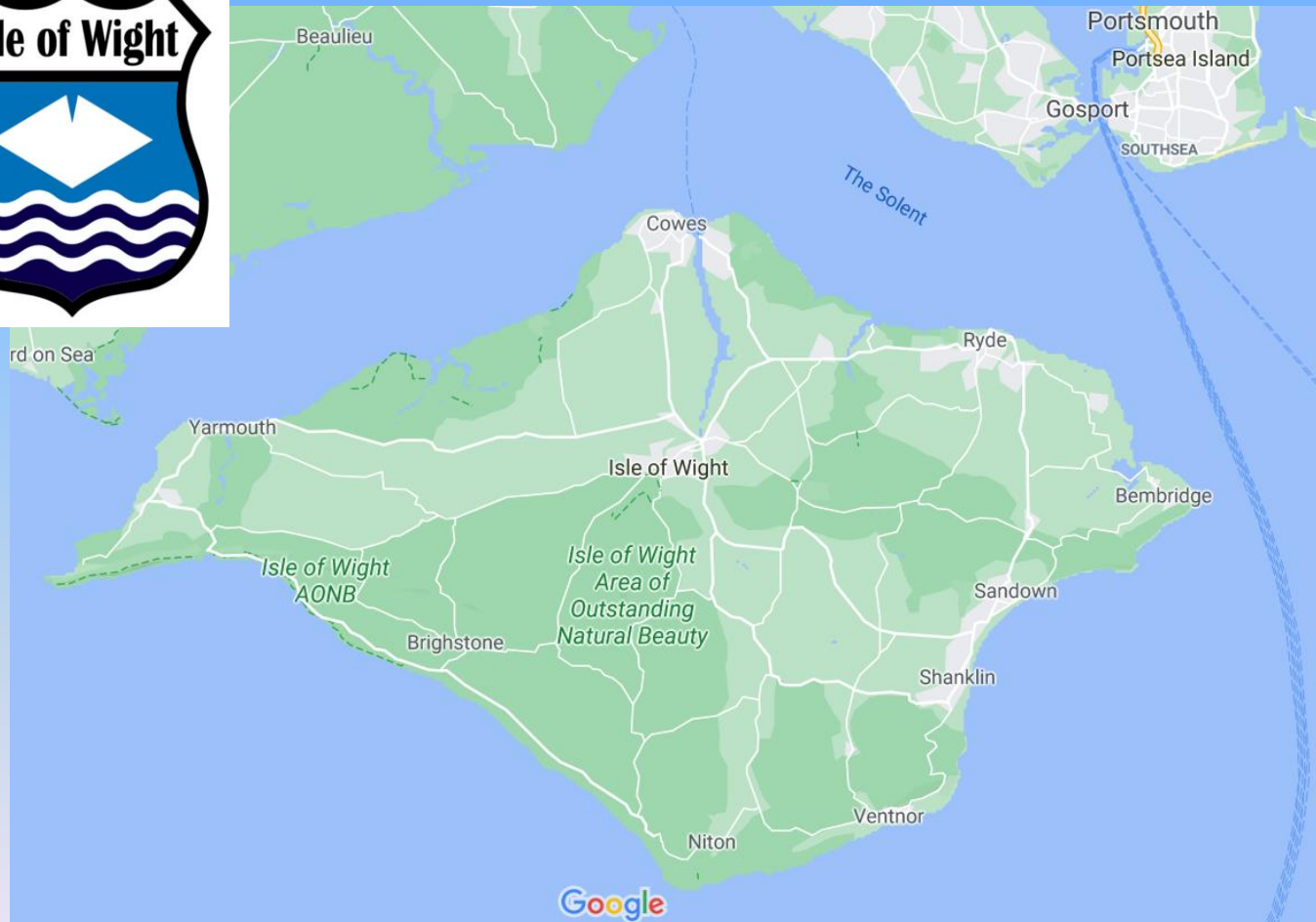


Monday 22nd - Friday 26th May 2023



Little Canada-Isle of Wight

Set in a woodland area on the banks of Wootton Creek.





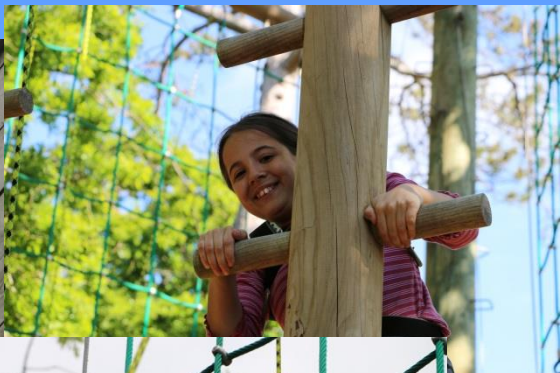
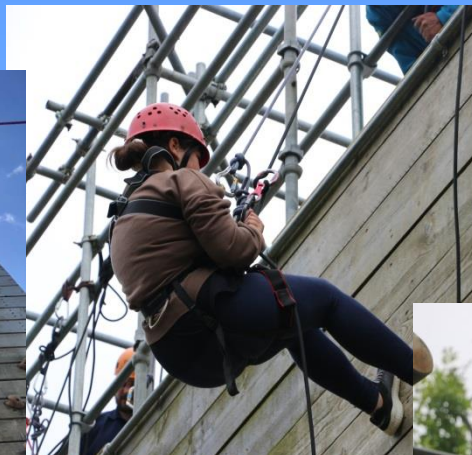
Little Canada is the perfect place to try out a large range of activities on land and water. The centre has private access straight to the water and the all-weather sports facilities are in the centre of the site.





On-Site Activities:

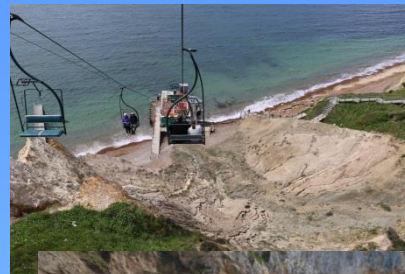
- Abseiling
- Aeroball
- Archery
- Coastal walk
- Canoeing
- Challenge course
- Dragon boating
- Fencing
- Jacob's ladder
- Kayaking
- Keelboat sailing
- Rope course
- Map Skills
- Matrix
- Orienteering
- Sensory Trail
- Survivor
- Rockpooling
- Trapeze
- Tunnel Trail
- Vertical Challenge
- Zip Wire





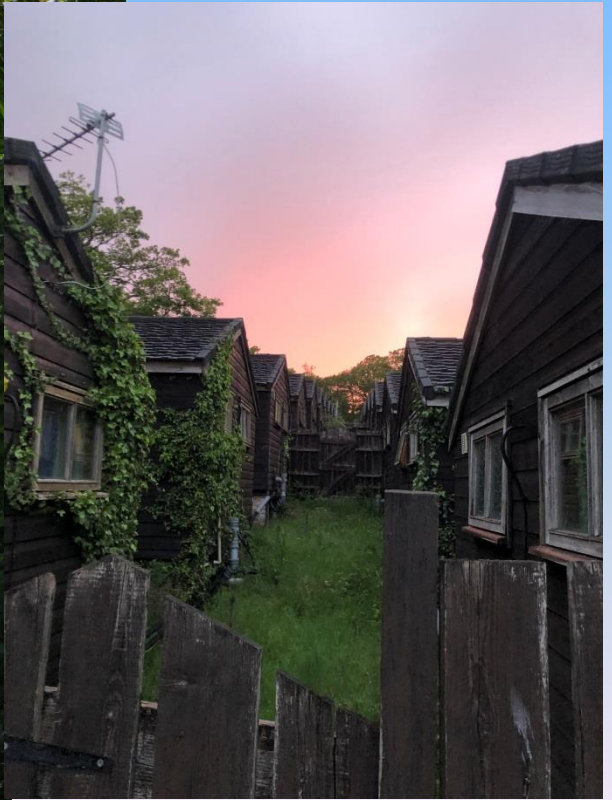
Cultural Trips:

- Portsmouth Historic Ships - HMS Victory
- Alum Bay - The Needles
- Black Gang Chine
- Visits to local beaches



Accommodation

- Pupils will be in rooms of 4 to 10 (boys and girls separated)
- Rooms will be overseen by staff
- Points will be given for tidy rooms (with a prize at the end of the week)
- Bed time will be around 9:30, lights out at 10:00
- Medication will be administered by a member of staff each day with a record being kept.



Food

- Enjoyable mealtimes with nutritious and tasty food. Their meals are ‘freshly cooked, balanced and will give your pupils plenty of energy to keep them going throughout the day’.
- Hot and cold meals with vegetarian options
- Homemade soup every day
- Self-service salad bar. Fresh fruit with every meal
- Allergies, intolerances and special diets catered for.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Bacon (V) Vegetable Sausages Hash Browns Plum Tomato Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Baked Beans Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Bacon (V) Vegetable Sausages Scrambled Eggs Grilled Tomato Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks
Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads Salad Bar Pizza Meat or Vegetarian Potato Wedges Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Homemade Pie or Pasties Choice of Meat or Vegetarian Gravy Mashed Potato Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Hot or Cold Baguette Choice of Meat or Vegetarian Fillings Tortilla Chips Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Pasta Bar Choice of Meat or Vegetarian Garlic Bread Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Burger Choice of Meat or Vegetarian Fries Relishes Seasonal Fresh Fruit Hot & Cold Drinks
Dinner	Dinner	Dinner	Dinner	Dinner
Homemade Soup of the Day Salad Bar Beef Lasagne Cumberland Sausages (V) Beetroot & Red Onion Tart New Potatoes Peas & Carrots Onion Gravy Seasonal Fresh Fruit Chocolate Crispy Cake Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Gammon Chicken Goujons (V) Four Cheese Ravioli Potato Wedges Green Beans & Sweetcorn Seasonal Fresh Fruit Toffee Apple Crumble & Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Mexican Beef Chilli Fish Fingers (V) Sticky Hoisin Noodles Rice or Chips Mixed Vegetables Baked Beans Seasonal Fresh Fruit Lemon Drizzle Cake Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Chicken Chunks with Sweet and Sour Sauce (V) Vegetable Korma Root Vegetable Bake Rice Broccoli Seasonal Fresh Fruit Rice Pudding and Jam Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Meatballs in Tomato Sauce Chicken & Leek Pie (V) Cheese & Potato Plait Pasta or Potatoes Green Beans & Carrots Seasonal Fresh Fruit Doughnut Hot & Cold Drinks




Safety



- Ratio of adults to children 2:15 (up to)
- 4 small groups with a member of staff and an instructor from PGL
- 24 hour staff on secure site
- Full risk assessment
- <https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>

Organisation

- Pupils will be in small groups for activities, overseen by an adult plus centre staff
- A chance to develop independence and learning to deal with being away from home.
- Brief outlook on the next day each evening.
- Pupils will have to pack their own day bags.
- No electronic devices.
- Digital camera allowed but at own risk!



Please, keep in mind that your child will be responsible for carrying their own luggage.

On the day of departure

- Please send your child to the hall with their day bag.
- Luggage is to be left on Lower School playground to be loaded.
- If it rains, please leave bags in the foyer.
- Please administer **travel sickness medication** or hand out travel sickness wrist bands at home, if needed.
- Please hand in last minute medication as well as travel sickness medication for the return journey (labelled!) to Miss Creese (with a signed permission letter allowing us to administer the medication!).

The children will need a day bag with:

- A packed lunch and sensible snacks
- A water bottle
- A quiet game for the journey (magazine/ book/ puzzle book)
- A rain coat and sun-cream

Clothing:

- appropriate for warm weather, as well as rainy days
- a change of OLD clothes for some activities (will get dirty)
- swimwear (swimming costumes only)
- long-sleeved tops and jeans (important for activities!)

Other items of clothing needed include:

trousers, shorts, t-shirts,, jumpers/hoodies/fleeces, socks, trainers, raincoat, underwear, nightwear, indoor shoes

Personal items:

- day bag (a rucksack is ideal)
- purse with pocket money
- puzzle book/ book/ magazine
- 2 towels (one for daily hygiene, one for swimming)
- wash bag with all personal hygiene items, including brush/ comb
- refillable drink bottle (1 litre is ideal)
- tissues/ sun cream
- necessary medication (labelled with permission letter)
- if your child wishes: digital/ disposable camera (labelled)



Please, can all items, clothes and towels be labelled so we can identify owners of left items easily!

Pocket Money

We suggest the following maximum amount of pocket money:

£25

It would help if the money was in small denominations from the start.

The children will be responsible for looking after their own money.



Medicines

Please hand in any regular/general medicines labelled for your child, with a letter stating dosage by Thursday 18th May. Hand to the Office please.

Include allergy medicine. Children should carry their own inhalers.

We will carry calpol or nurofen liquid and bite relief for children.



Contacts

Updates

Daily updates will be made on Twitter (as and when we can!) Have a look to find out what we have been up to! There will be a Year 6 Residential Twitter Feed.

Emergencies

All pupils will carry a label with emergency contacts on their bags at all times. Staff have been provided with local emergency numbers.

In an emergency we will contact you at the earliest opportunity on your home number or the number provided on the consent form.

If you need to contact your child (only in an absolute emergency), please phone the school office. They have all the contact numbers for staff on the trip and will be able to get in touch immediately.