



## The Benefits of School Lunch

As your child's **School Lunch Provider**, HCL takes great pride in delivering tasty and nutritional meals at every lunchtime service. There are so many **benefits** to having a cooked school lunch, such as:

- **Nutritious** meals are full of **energy fuelling** ingredients.
- **Convenient** for Parents and Carers.
- At least one portion of **fruit** and **vegetables** in every serving.
- Confidence that **all** meals meet **nutritional** standards.

As **experts** in nutrition and catering, providing a service that parents can **trust**, with menus that prioritise your children's **health and well-being**, is at the forefront of our operation. We're all leading busy lives, so let our menu provide your child with a **hot, healthy and balanced meal**.



## Sustainability

We take our responsibility to implement **sustainable practices** that **positively** impact our customers, communities, and the health of our planet very seriously. This ethos is embedded in our values and policies and is reflected in our entire supply chain. HCL is taking multiple steps to reduce our environmental impact by:

- Proactively **educating** and **raising awareness** of how all ages can **support sustainability**.
- **Encouraging** all staff across the business to be environmentally responsible through regular **training**. Ensuring we all adhere to **environmental laws, policies and procedures**.
- Working with our suppliers to replace any **negative** environmental impacts with **positive** ones. Meeting these requirements is **mandatory** for all our suppliers.

WE'RE COMMITTED TO ACHIEVING  
NET ZERO BY 2030!

FRESH FRUIT AND A CHOICE OF  
DESSERTS ARE AVAILABLE DAILY



## Social Value

Social value is important to us, demonstrated by our **Community Support Team** who deliver **Cookery clubs, Gardening clubs, Healthy Eating workshops** and **Assemblies** in our Schools. Our sessions are highly inclusive - we have parents, grandparents and siblings signing up to enjoy them!

The Community Support Team also deliver the **Fit, Fed and Read** programme providing cookery workshops for children to educate and inspire their young minds about healthy food and healthy eating. They are able to enjoy their healthy, nutritious meals they've created everyday during the programme.



## Accreditations

We're incredibly proud that we:

- Comply with **Government Food Standards**.
- Have achieved **Food For Life Silver Award** for 8 years.
- Prepare **75%** of dishes **freshly** from **unprocessed** ingredients containing no **undesirable additives** or **trans fats**.
- Provide the **Platinum Sugarwise** catering mark for all Primary Schools; giving you peace of mind that our menu consists of low amounts of **'free sugars'**.



## Recruitment

Join our catering team, working in part-time and term-time roles preparing and serving delicious, nutritious school meals! When you work for HCL, we will provide you with **full training, personal development**, part-time and term-time only hours (so you can have the holidays off to fit in with your family life), a pension, on the job support as well as discounts that can save you **£100s** each year! Positions are available in both Primary & Secondary Schools and our recruitment team is waiting to hear from you right now!

TO FIND OUT MORE AND APPLY FOR ANY OF  
OUR LATEST VACANCIES, JUST SCAN HERE.



SCAN ME





## WEEK ONE

Served Week Commencing:

17th April, 8th May, 5th June, 26th June, 17th July, 4th September, 25th September, 16th October

### MONDAY

Bean and Vegetable Grill (Ve)  
Macaroni Cheese with Garlic Bread (V)  
with Diced Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Cheese Sandwich

### TUESDAY

Chicken Pie  
Spanish Omelette (V)  
with Potato Wedges  
or Tricolour Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Tuna Roll

### WEDNESDAY

Roast Gammon with Gravy  
Veggie Sausages with Yorkshire  
Pudding and Gravy (V)  
with Roast Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Chicken Mayo Wrap

### THURSDAY

Beef Burger in a Bun  
Pea and Lemon Risotto (V)  
with Diced Potatoes  
or Tricolour Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Ham Sandwich

### FRIDAY

Battered Fish Fillet  
Cheese and Tomato Pizza (V)  
with Oven chips  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Egg Roll

SUMMER/  
AUTUMN  
2023



## WEEK TWO

Served Week Commencing: 24th April, 15th May, 12th June, 3rd July, 11th September, 2nd October

### MONDAY

Caribbean Chicken  
Veggie Burritos (Ve)  
with Rice or  
Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Tuna Sandwich

### TUESDAY

Organic Beef Bolognese  
Savoury Puff Roll (Ve)  
with Spaghetti  
or Diced Potatoes

Jacket Potato  
with various toppings

CHILLED OPTION:  
Ham Roll

### WEDNESDAY

Roast Pork Loin with Gravy  
Quorn Fillet with Gravy (V)  
with Roast Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Chicken Mayo Wrap

### THURSDAY

Quorn Hotdog (V)  
Special Fried Rice  
with a Spring Roll (V)  
with Potato Wedges  
or Tricolour Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Cheese Sandwich

### FRIDAY

Crispy Coated Salmon  
Margherita Pizza Wrap (V)  
with Oven Chips  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Egg Baguette

## WEEK THREE

Served Week Commencing: 2nd May, 22nd May, 19th June, 10th July, 18th September, 9th October

### MONDAY

Pork Sausage with BBQ Sauce  
Cheese and Sweet Potato Slice (V)  
with New Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Tuna Roll

### TUESDAY

Veggie "Meatball" Sub (Ve)  
Roasted Tomato Pasta (Ve)  
with Potato Wedges  
or Tricolour Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Cheese Sandwich

### WEDNESDAY

Roast Chicken with Sage and  
Onion Stuffing and Gravy  
Creamy Quorn Pie (V)  
with Roast Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Ham Roll

### THURSDAY

Mild Chilli Con Carne  
Quorn Burger in a Bun (V)  
with Rice  
or Potato Wedges

Jacket Potato  
with various toppings

CHILLED OPTION:  
Chicken Mayo Baguette

### FRIDAY

Fish Fillet Fingers  
Cheese and Tomato Pizza (V)  
with Oven Chips  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Egg Roll

Freshly baked bread, seasonal vegetables and a variety of salad are served daily • Gravy and Custard are always available separately when on the menu • All our milk is organic - fresh from the dairy (V) = Vegetarian (Ve) = Vegan