Bikes without Barriers

HDSF takes donated bikes, refurbish them and gives them to young people and families in need.

We work in schools in areas of deprivation to teach children to ride bikes, and give bikes to those who need them, in preparation for Bikeability with the Herts Cycle Training Team.

We also support refugees and care leavers who need a bike to access college, work and life.



Herts Disability **Sports Foundation**

Do you have a bike you no longer need?

Sept 23 - Jan 24 we have worked with 905 young people

309 of these young people could not ride a bike

208 of these now able to pedal independently

We desperately need bikes for young people aged 8+





113 young people in need of a bike



ros@hdsf.co.uk



Herts Disability Sports Foundation



www.hdsf.co.uk/find-an-activity

Whitehill will be collecting bikes during February. Bring them to the main entrance and we will look after them until they can be collected.

Thank you in advance